



Community After School Program for Grades 1-8

Student's Name _____

Age _____ Birth Date _____ Year in School _____

Parent's Name _____

Mailing Address _____

City/State/Zip _____

Telephone _____ (cell) _____ (home/work)

Email _____

Emergency Contact/Telephone _____

How did you hear about us? _____

Please indicate any physical conditions or disabilities, which might limit participation in this program, or that you feel the teacher should know.

AGREEMENT AND LIABILITY RELEASE

I hereby agree to the following:

- 1.) That my child is participating in the Community After School Program, offered by the White Mountain Waldorf School. I recognize that this requires physical exertion, and any physical exertion may be strenuous and could cause physical injury. I am fully aware of the risks and hazards involved, and I have informed the teacher of my child's health conditions, if applicable.
- 2.) I understand that it is my responsibility to consult with a physician prior to any participation in the program. I represent and warrant that my child is physically fit and has no medical conditions that limit his/her full participation in the program.
- 3.) In consideration of being permitted to participate in the program, I agree to assume full responsibility for any risks, injuries, damages which my child may incur as a result of participating in this program.
- 4.) In consideration of being permitted to participate in the program, I knowingly and voluntarily waive any claim against the White Mountain Waldorf School, its instructors, staff, and any program sponsors, for any injury or damages my child or myself may sustain while on the property for this program and as a result of participating in this program.

I have read the above release and waiver of liability and fully understand its contents. I voluntarily agree to the terms and conditions stated above.

Parent Signature _____ Date _____

The community after school program at the White Mountain Waldorf School is an enrichment program for children in our local community. This program is open to all children including current WMWS students, home school students, and students enrolled at other public or private schools.

Session Outline ~ Tuesdays and Thursdays from 3:00 pm – 4:30 pm

3:00pm – 3:30pm Free Play and/or Homework Supervision & Snack

3:30pm – 4:15pm Class Activity

4:15pm – 4:30pm Cleanup

Students **MUST** be picked up by 4:30pm or a late fee will be charged.

If you would like to join a class after the session has already begun, we can prorate the session. Just give us a call at (603) 447-3168.

**Please provide
your own peanut
free snack**

2018-2019 Sessions (please indicate which sessions you are registering for)

Each session is \$140 plus materials fee (if applicable)

Payment must be received BEFORE student can participate (cash, check, or credit card payments are accepted)

_____ Fall I: Oct. 2 – Nov. 1 (5 weeks)

_____ Fall II: Nov. 6 – Dec. 20 (6 weeks, no programming the week of Thanksgiving)

_____ Winter I: Jan. 8 – Feb. 14 (6 weeks)

_____ Winter II: Feb. 26 – April 4 (6 weeks)

_____ Spring: April 9 – May 23 (6 weeks, no programming during April break)

Total Amount Due: _____ **# of Sessions x \$140 =** _____ **+ materials fee =** _____

Session Descriptions:

Fall I: Woodland Adventure and Games In this session, we take to the woods. We will hike and explore the beautiful land around us incorporating fun games and tree climbing along the way.

Fall II: Flow Arts In Flow Arts, students will participate in age-appropriate yoga, explore meditation, and create mindful crafts, which may include meditation bottles, gratitude stones, lavender eye pillows, mandalas, malas, teas, and dreamcatchers. **(\$10 materials fee)**

Winter I: Woodland Adventure and Games In this session, we take to the woods via snowshoes. We will explore our winter wonderland and then all head to the hill for a sledding frenzy.

Winter II: Flow Arts In Flow Arts, students will participate in age-appropriate yoga, explore meditation, and create mindful crafts, which may include meditation bottles, gratitude stones, lavender eye pillows, mandalas, malas, teas, and dreamcatchers. **(\$10 materials fee)**

Spring: Ultimate Frisbee In Ultimate Frisbee, team members make their own calls, relying on close cooperation between players on both sides rather than on referees. This cooperative element of the game, combined with its hard-playing style, makes it a good fit for our school, where sportsmanship and athleticism go hand-in-hand.

This session is **open to 5th, 6th, 7th and 8th graders**, with the emphasis on learning skills, having fun, and game practice.